## 2022 ANNUAL REPORT

# **PLAN A HEALTH**

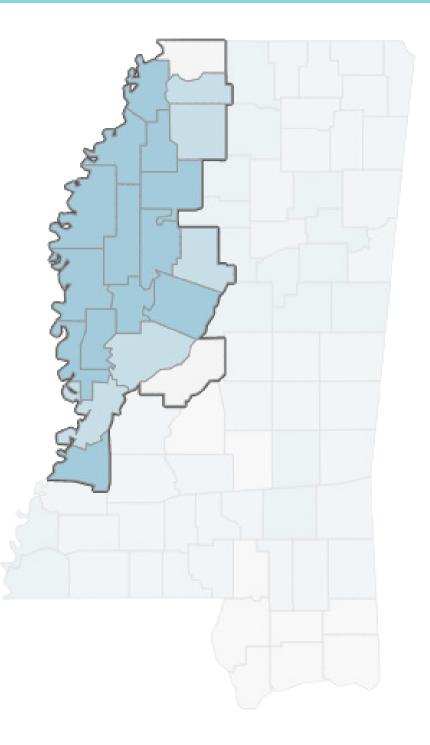


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**66** I just love this clinic and what y'all do. I tell everyone I know how much you've done for me and how you can help them too. **99** 

Felicia age 25



#### LETTER FROM THE DIRECTOR

am proud to write this letter after a remarkable year of expansion, during which Plan A grew our services and team to meet the evolving needs of our community.

Plan A's work is guided by the needs and priorities of the people we serve. Our team engages every day in thoughtful conversations with our patients and community about how we can advance our mission and expand access to healthcare in the Mississippi Delta. In 2022 we continued working to meet the ever-growing needs of the people we serve — without compromising our sustainability and core commitment to our mission.

For example, we knew from our conversations with patients that many people were unable to obtain emergency contraception (EC). That led to the successful launch of our "Plan A's Plan B Care Packages" program in July 2022, which mails EC, condoms, and pregnancy tests throughout the state. As we began offering the prescription-only version of EC via telehealth visits, patients began requesting birth control as well.

In November, we expanded our telehealth offerings to include all forms of family planning, with free prescriptions mailed out weekly from our pharmacy. The mobile unit continues to play an essential role in increasing access to care to our communities, but it can't reach everyone. Expanding our telehealth program has allowed us to grow our footprint substantially.

We also recognize that part of our role as a reproductive justice organization is to support healthy pregnancies and deliveries. Through partnerships with OB-GYNs and our purchase this year of portable ultrasounds, our clinics can provide critical pre- and postnatal services, reducing the time required to travel for care.

It is impossible to reflect on 2022 without acknowledging the devastating impact of politics and the eradication of access to abortion. The Mississippi Delta is a reproductive and maternal healthcare desert.

One of the few labor and delivery floors in the region closed this year, and several OB-GYNs left the area, eliminating services from three of the counties in which we operate. These widening gaps only worsen the outlook in a state that already has one of the highest rates of maternal and infant mortality in the United States.

Mississippi's continued failure to expand Medicaid leaves up to 40% of the communities we serve uninsured, a gap with immeasurable and far reaching impact on the health of the entire population. Residents of the state have the lowest life expectancy at birth in the country. At our brick-and-mortar clinic and pharmacy in Louise, we are able to address critical primary care needs. Services in Louise also experienced significant growth, with the addition of dental and pediatric care. In 2023, we will add additional specialty services in partnership with local providers.

Our work providing essential reproductive health services is more important than ever. It is a model that has already had substantial impact in the counties we serve and, critically, has the potential to scale. Last year, we began the process of working toward our second mobile unit, which will open in rural Georgia in 2023. We also engage in regular conversations with other clinics nation wide, supporting and encouraging their efforts to launch mobile units or add reproductive health services to existing ones. Our work is all made possible by the generosity of our donors, whose support totaled more than \$2 million in 2022.

We look forward to a busy and productive 2023 as we seek to advance our mission and ensure that all communities have access to the reproductive health services they deserve.

**Caroline Weinberg**, MD, MPH Executive Director, Plan A Health

## **ACHIEVEMENTS**

1100 +

**Patients Seen** 

March We expanded our Louise clinic to add free dental care.

April We celebrated our 2nd year on the road!

40+ **Towns visited** 

1000 Average town population\*

750 Emergency contraception packages mailed

17000

**Condoms Distributed** 

July We added two ultrasounds to our clinic, enabling us to provide patients with dating ultrasounds and prenatal care

October We started Plan A's Plan B care package shipping emergency contraception, condoms, and pregnancy tests throughout the state.

November We added telehealth family planning to our services, expanding our reach to patients beyond the range of our mobile unit

December We began offering the HPV vaccine to adults up to age 45.



**Mobile Clinic Exam Room** 



Mobile Clinic Exam Room



All numbers are approximate. The average town size does not include the 5 larger Delta cities we visit.

#### THE ROAD AHEAD

ur 2022 saw the Mississippi program grow in extraordinary ways. It was Plan A's first full year on the road and we more than doubled our patients seen in 2021.

We added a whole range of new services and programs, all designed and launched in careful partnership with our communities. Our growth continues in 2023 and beyond

**Georgia Clinic:** Our next mobile unit will open in rural Georgia in 2023. Rather than simply replicate our Mississippi program, we will take the same deliberate approach, building a customized program from the ground up to meet the needs and priorities of the new community we will serve.

**Expanding in Mississippi** We will continue our work adding additional services in the Delta, including expanding our obsterics services and partnerships with specialists to bring a new range of care to our communities. We hope to serve an additional 500 patients in 2023.

A model clinic: Plan A is the lead clinic on a multi site study, forming a coalition with other mobile sexual and reproductive helath clinics in the country to look at the impact of this model on access to care. Together, we are developing a guide to building new clinics and adding reproductive health services to existing ones. This collaborative effort will expand our impact as an organization beyond the communities we serve directly to benefit people throughout the country.

\*\* Not having insurance is very hard because I like getting myself checked out. I don't worry about that since you started coming to town.
\*\* Latova , age 32

## **FINANCIALS**

Il of Plan A's services are provided to our community free of charge, regardless of insurance status or ability to pay. That is possible due to the generosity of our supporters.

In 2022, we received more than \$2 million in donations. That does not include an additional \$300,000 in grants due to be distributed in 2023. For every dollar donated, 86 cents was spent on program expenses, 10 cents on administrative expenses, and 4 cents on fundraising.



Finalized financial statements for Plan A Health, Inc will be available following our annual audit and completion of our 990. The breakdown of revenue and expense may change slightly when that process is complete.

#### **FINANCIALS**

Balance Sheets as of December 3 0, 2022

Assets	
Cash and Cash Equivalents	\$1,200,400
Receivable (Including Grants and Contributions)	\$340,000
Other Current Assets (Including In Kind Supplies)	\$359,000
Fixed Assets	\$ 349,000

Liabilities and Assets	
Payroll	\$1,100
Deferred Compensation	\$56,000
Loans Payable	\$38,000
Credit Card	\$10,300

Net Assets	
Unrestricted Assets	\$2,155,000
Restricted Assets	\$ 45,000

Finalized 2022 financial statements for Plan A Health, Inc will be available following our annual audit and completion of our 990.

### **OUR TEAM**

#### STAFF

**Kimberly Campbell** Nurse Practitioner

Max McKinney

Finance Director

Sherrica Smith Nurse Practitioner **Telvin Harrington** Community Health Worker

**Dr. Lakeisha Richardson** Collaborating Physician

Juliet Thomas Community Health Worker Brooke Long Pharmacist

Erin Rockwell Research Associate

Caroline Weinberg Executive Director



Celebrating 4 years of Plan A!

#### **BOARD OF DIRECTORS**

Gretchen Borchelt National Women's Law Center **Dr. Pamela Payne Foster** Institute for Rural Health Research, University of Alabama Jackie Sanders Hawkins Delta Community Solutions

Gerrie McElroy

Nurse Practitioner

Antoinette Roby

Community Health Worker

Carrie Denning Jackson Jamestown LP Melanie Richards Glossier

**Diana Salas** National Latina Institute for Reproductive Health **Rick Segal** Seavest Investments Group

**Dr. Ivana Thompson** Vanderbilt University School of Medicine

Mollie Williams The Family Van

We also thank our volunteers, partners, and advisors without whom our work would not be possible.

### DONORS

e offer our thanks to our donors at every level. An HIV test costs \$15 and an STD test \$35. Pap smears are \$65 each. A year of birth control for one person can range from \$120 to \$600 depending on the method. Every single dollar helps us to bring healthcare to underserved communities.

#### Founder's Circle \$25,000 and above

Audrey Spiegel Carrie Denning Jackson Cohen-Kramarsky Family Fund Converge (Title X) Roberta and Steve Denning **Eileen Farbman** Jill Lafer Kellog Foundation Deryk Maughan Mississippi Department of Health **Pixley Hill Foundation** Diane and Bruce Rauner Society for Family Planning Swiss Re Foundation Tikkun Olam Foundation Women's Foundation of Misisissippi Anonymous

**\$10,000 and above** AI Mailman Foundation Bower Foundation Judy Greenblatt Carrie Mahan Malcolm Hewitt Wiener Foundation Community Foundation of Memphis Schooner Foundation Nancy K Silverman Foundation Laura Ross Diane and Craig Solomon Anonymous

**Driver's Circle** 

#### Changemakers \$1,000and above

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We are grateful to the almost 500 donors whose support at every level allows us to continue our essential work.

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